



**CATHOLIC**  
and **LIVING IT!**

## The Catholic Women's League of Canada

### London Diocesan Council

To: All Parish Presidents, Education and Health Chairperson  
CC: London Diocesan Council, Hilarion Mitchell OPC Education and Health Chairperson  
From: Mary Clare Latimer, Education and Health Chairperson  
Date: March 2023

Directive #10

*Ask Him.....to remind you to just do the next right thing when you make mistakes.  
Jane Trufant Harvey*

**CWL Bursary Funds LAST CALL!** Please encourage your members to take courses and to apply!

LONDON DIOCESAN SPIRITUAL ADVISOR BURSARY <http://www.cwllondon.ca/Forms.html>

This bursary is available to any League member only. It shall be used to finance education at any level: university, college, technical school, etc. Applications to the London Diocesan Spiritual Advisor Bursary (with supporting documentation – refer to the criteria) must be submitted to London Diocesan Catholic Women's League President ie. emailed or postmarked by **April 1st**. Applications must be completed on the official application form.

LONDON DIOCESAN J.L. HENNESSEY EDUCATION BURSARY

<http://www.cwllondon.ca/Forms.html>

This bursary is available to any League member or her immediate family. It shall be used to finance education at any level: university, community colleges, technical school, etc. Applications to the London Diocesan J.L. Hennessey Education Bursary (with supporting documentation – refer to the criteria) must be submitted to London Diocesan Catholic Women's League President ie. emailed or postmarked by **April 1st**. Applications must be completed on the official application form.

NATIONAL BURSARY FUND Applications to the National Bursary Fund (with supporting documentation – refer to the criteria) must be submitted to national office and postmarked by **May 15th**. Applications must be completed on the official form (use this link):

<https://cwl.ca/wpcontent/uploads/2021/06/552-National-Bursary-Application-Form-2021.pdf>

**“Horizons of Hope Overview”** OPC online workshop, **May 8th 7:00 p.m. to 9:00 p.m.**

Executive Director of Canadian Catholic Bioethics Institute Dr. Moira McQueen and Life Member Shirley Christo will be the presenters. This presentation will encourage members to continue promoting access to quality palliative care in the wake of the push of the Canadian Association of MAID Assessors and Providers (CAMAP)/euthanasia movement. The presentation will also offer an overview and rationale behind the Canadian Conference of Catholic Bishop's Horizons of Hope: A Toolkit for Catholic Parishes on Palliative Care from the perspective of Catholic teachings and provide the membership with examples of strategies to get the truth of palliative care out to Canadian communities.

## **Catholic Women's Leadership Foundation change of address**

Please send all donations to: Catholic Women's Leadership Foundation  
12241 132 Street, Edmonton Alberta T5L 1P7

More than 80% of the donations received are from parish councils across Canada. It is important that parish councils ensure donations go to the correct address. Councils are to be commended for their generosity!

**Coady International Institute** was established in 1959 at St. Francis Xavier University and is one of the League's permanent partners supported through the National Voluntary Fund. Working with partners in Canada and across the globe, the institute is committed to reducing poverty and transforming societies by strengthening local economics, building resilient communities and promoting social accountability and good governance. The institute includes a network of more than 10,000 graduates in 146 countries globally. Additionally, it offers many programs for Indigenous women and people from the global south. Many of its online presentations may be of interest to the membership. Please encourage your members to visit [coady.stfx.ca/contact-us/](http://coady.stfx.ca/contact-us/) and sign up to receive its newsletter by clicking on 'Stay Connected.'

### **Nutrition Month Pre-diabetes Presentation March 8, 2023.**

[Presenter's Summary CWL-Prediabetes 8 March 2023.pdf](#)

As League members, it is our call to **Go Make a Difference** to address the loneliness epidemic which is not only a mental health or an elderly issue. Loneliness will continue to be a major public health issue given our aging population, changing family structure, the growing use of social media, and new social patterns.

*"The most terrible poverty is loneliness and the feeling of being unloved."* Mother Teresa

- Recognize loneliness in yourself and others
- Explore and make members aware of services for seniors and youths in their municipality
- Substitute screen time for green time with children and members
- Spend time with those that are terminally ill and near death
- Invite local health unit, CMAH, Catholic Family Services, etc. to speak to your Council
- Adopt a student from out of town
- Encourage older members to be pen pals with local school children

**Please do not hesitate to reach out to me via email [edhloncwl@gmail.com](mailto:edhloncwl@gmail.com) or by phone 519-358-6705, especially if you come across an educational or health concern that would be of interest to other members!**

**Blessings to all of you!**

**Mary Clare**